

**22nd International Association for Adolescent Health (IAAH)
Regional Conference**

“Youth Development Challenges in the post Covid-19 era”

October 5-7th 2022



Scientific Program

Wednesday, October 5th, 2022

University Aula/ Main Hall

19.30-20.30

Opening Ceremony

*Journalist **Lina Drouga** as presenter*

Welcomes

*Ministry of Education, Minister **Niki Kerameus***

Ministry of Health, YFS Ambassador Dep. Minister **Zoe Rapti***

*Ministry of Migration, Dep. Minister **Sofia Voultepsi***

Region of Attica, YFS Ambassador **George Patoulis***

*WHO Greece, **Joao Breda***

National and Kapodistrian University of Athens

*Professor and Dean **Emmanouil. Pikoulis***

*IAAH Conference Presidents, **Nicola Gray & Artemis Tsitsika***

*Youth participation as the basis for building YFS**

Nina Ferencic, UNICEF

Voices of Youth

Youth Council

Video and music concert

Welcome Reception

Kostis Palamas Building

**Youth Friendly Services (YFS)*

University Aula/ Main Hall

14.00 -18.00 **Workshop 1 – Euteach Training Workshop**

Facilitators: **P.A. Michaud, H. Fonseca**
Communication skills with youth & role plays
E. Panagouli, Youth Council Participation

Argyriadis/ Hall A

14.00 -18.00 **Workshop 2 – Euteach Training Workshop**

Facilitators: **N. Gray, K. Boisen**
Chronic Conditions & Transition services
M. Brenner, T. Sergentanis

Kostis Palamas/Hall B

Workshop 3 – Unesco Training Workshop

14.00 -18.00 Facilitators: **A. Ilieva, V.Boumba, A.Thirios, Y.Plakhutina**
*Youth empowerment to endure health and wellbeing:
a case for youth-led media with participation of young people
and youth media*
E.Turalieva, K.Kabatova, M. Medvedchikova, N.Döring

14.00 -18.00 **Workshop 4 - Euteach Training Workshop**

(Venue to be announced)

Facilitators: **E. Godeau, S Stronski**
School environment promoting health

14.00 -18.00 **Workshop 5 - - Euteach Training Workshop**

(Venue to be announced)

Facilitators: **P-A. Michaud, K. Boisen**
*Applying an ethical framework and assessing
adolescent's autonomous decision making*

Please check details about the workshops at the end of the programme

19.30-20.30 Opening Ceremony University of Athens Building

Welcome Reception Kostis Palamas Building
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Thursday, October 6th, 2022

University Aula/ Main Hall

09.00 -10.00 **Plenary Lecture 1**

Chairs: **N. Gray, A. Tsitsika**

Adolescent Health: what we know and what to expect...

R. Viner

10.00 -10.30 **Coffee Break**

10.30 -12.30 **Symposium 1**

Migrant and Refugee adolescents: how do we respond?

Chairs: **P.A Michaud, Em. Pikoulis**

- Overview of adolescent migration flow in Europe

H. Moskoff

- How do we respond to the health care needs of migrant and refugee adolescents? **E.Riza**

- Improving the resilience for and with refugee adolescents: experiences from the Balkans, Italy and Africa Improving resilience

A. Georgalis and R. Thomson

12.30 -13.00 **Lecture 1**

Chairs: **P. Lagiou, C. Spiliopoulou**

Why do adolescents die? Main causes of youth death and ways to prevent

D.E. Greydanus

13.00 -13.30 **Lecture 2**

Chairs: **E. Deligeoroglou, M. Tsolia**

HPV prevention worldwide

T. Agorastos

Youth Council Participation

13.30 -15.00 **Lunch Break**

15.00 -16.00 **Plenary Lecture 2**

Chairs: **D.E.Greydanus, C. Papageorgiou**

The Concurrent and Future Effects of Covid-19 related Stress

G.P. Chrousos

16.00 -18.00 **Symposium 2**

Chairs: **G.Mastorakos, K. Karavanaki**

Chronic conditions in adolescence: recent advances in Management and health care

Novel Therapies for Adolescent Chronic Diseases

F. Bacopoulou

Holistic health care- meeting all needs

M. Brenner

Transition Services : challenges and gained experience

K. Boisen

Discussion with youth

18.00 -19.00 **Oral Presentations 1**
Presidents: **G. Vartzelis, Cl. Richardson**

Argyriadis / Hall A

10.30 -11.30 **Oral Presentations 2**
Presidents: **V. Benetou, I. Mourouzis**

11.30 -12.00 **Lecture 3**
Chairs: **N. Skenteris, T. Dardavesis**
War crisis in Ukraine and public health concerns
T. Psaltopoulou

12.00 -13.30 **Round Table 1**
Chairs: **F.Bacopoulou, C. Lionis**
Specific health problems in adolescence
Substance abuse epidemiology-the HSBC study
A. Kokkevi
HIV infection and hepatitis viruses in youth
D. Paraskevis
Acne and dermatological concerns - psychodermatology
A. Tsaraklis
Adolescent Gynecomastia
E. Vlachopapadopoulou

13.30 -15.00 **Lunch Break**

16.00 -18.00 **Round Table 2**
Chairs : **J.Breda, A. Hatzis**
Primary Health Care concerning youth
Developing Youth Friendly Services in the Community
V. Baltag
Primary Health Care Guidelines for professionals
J. Breda
Community Based Health Programs
A. Tsitsika

18.00 -19.00 **Poster Presentations 1**
Presidents: **A. Stavridou, M. Koukouvitaki**

Kostis Palamas/ Hall B

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

- 10.30 -12.00 **Symposium 3**
Chairs : **T. Yepoyan, D. Jourdan**
**Schooling, health/sexuality education and COVID-19:
lessons learnt and ways forward**
*Learning experience of students during pandemic from their
perspective*
C. Kirsch
*Health/sexuality education and sexual and reproductive health
service during and after pandemic*
E. Panagouli
*Impact of school closures on learners physical and mental
health*
E. Scott
- 12.00 -13.30 **Round Table 3**
School Nursing
Creating and Promoting a healthy school environment
Chairs: **V. Louvari, T. Polykandriotis**
*«Learning method of childhood diabetes through electronic
devices»,*
C. Kotsani.
«Evaluation of pupils' knowledge o kidneys health»,
T. Vassilikopoulos.
*«The management of epilepsy in schools: The role of school
nurses in delivering knowledge to students and school staff»,*
T. Koutsoupis.
*«Teaching first aids program in primary schools: The School
health project experience»,*
T. Polykandriotis.
*«Health promotion in schools: An olistic innovative strategy in
primary schools»,*
S. Psarouli.
- 13.30 -15.00 **Lunch Break**
- 16.00 -17.00 **Sponsored Debate**
- 17.00 -17.30 **Lecture 4**
Chairs: **E. Charmandari, P. Papaggelopoulos**
Behavioral Aspects of Sports Medicine
D.E. Greydanus
- 17.30- 19.00 **Sponsored Round Table**

Friday, October 7th, 2022

University Aula/ Main Hall

- 09.00 -10.00 **Plenary Lecture 3**
Chairs: **V. Baltag, A. Tsouros**
School health during the pandemic and the role of WHO
M. Weber
- 10.00 -10.30 **Coffee Break**
- 10.30 -12.30 **Symposium 4**
Mental Health issues in the post covid-19 era
Chairs: **N. Ferencic, N. Stefanis**
Self-harm and suicidal behavior: clinical approach & responses **PA.Michaud,**
Anxiety symptoms and somatization **A.S.Antoniou**
Youth participation as a way to improve mental health
G. Lesco
Discussion with youth
- 12.30 -13.00 **Lecture 5**
Chairs: **T. Psaltopoulou, N. Thomaidis,**
Climate change in the globe : long term effects and potential solutions
T. Sergentanis
- 13.00 -13.30 **Sponsored Lecture**
- 13.30 -15.00 **Lunch Break**
- 15.00 -16.00 **Plenary Lecture 4**
Chairs: **A. Lymperaki, D. Boumpas**
Health inequalities in a time of crisis
J. Klein, Sir M. Marmot
- 16.00 -18.00 **Symposium 4**
Chairs: **M. Meimaris, T. Yepoyan**
Adolescents: violence and trauma. How to prevent, respond and support
Violence, bullying and cyberbullying: scope, impact and response
C.Cornu
LGBT rights as human rights
E. Karamagioli
Sexual violence and assault
Ch. Iliopoulou
Can art help reduce violence and bullying?
A.Ilieva

Discussion with youth

18.00 -19.00 **Oral Presentations 3**
Presidents: ***E. Tsekoura, H. Tzavara***

Argyriadis / Hall A

10.30 -11.30 **Oral Presentations 4**
Presidents: ***A. Kalokairinou, P. Stavrou***

11.30 -12.00 **Lecture 6**
Chairs: ***T. Zaoutis, R. Viner***
The Covid-19 virus infection health burden & future patterns
G. Magiorkinis

12.00 -13.30 **Round Table 4**
Chairs: ***A.Galli-Tsimopoulou, Em. Roilidis***
High morbidity conditions in adolescence
Eating Disorders
A.Galli-Tsinopoulou
Youth with Cancer
Em. Hatzipantelis
Chronic abdominal pain
D. Philipou

13.30 -15.00 **Lunch Break**

16.00 -18.00 **Round Table 5**
Chairs: ***N. Vlachos, G. Creatsas***
Sexual development and health
Contraception choices
F. Bacopoulou
Adolescent Pregnancy
P. Christopoulos
Sexually transmitted diseases
A. Tsaraklis

Discussion with youth

18.00 -19.00 **Poster Presentations 2**
Presidents: ***S. Michaleas, A. Pardalis***

Kostis Palamas/ Hall B

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

- 10.30 -12.00 **Round Table 6**
Chairs: **F. Polichroni, S. Papadaku**
Developmental challenges
ADHD: interventions and career choices
Em. Tsalamanios
Autism spectrum disorders
L. Athanasopoulou
Parenting needs for youth with developmental challenges
P. Papadopoulou & E.Tzila
- 12.00 -13.30 **Round Table 7**
Public Health Interventions aiming to youth wellness
Chair: A. Barbouni, A. Lagiou
Participatory approach in school-based health promotion interventions. E. Sakellari.
Vaccination coverage, according to the National Immunization Schedule, among undergraduate students. E. Andrie
Borderline Personality Disorders in Adolescents and Young Adults. C. Vavanou
- 13.30 -15.00 **Lunch Break**
- 16.0 -17.00 **Youth Debate**
Is the impact of social media on teenagers positive or negative?
- 17.00 -17.30 **Lecture 7**
Chairs: **C. Dalla, L. Markaki**
Women leadership and barriers (direct and indirect)
M. Pagoni
- 17.30 -18.00 **Lecture 8**
Chairs: **A.Costa, D.Mylonaki**
Young women's health : a dedicated setting in Cyprus
M. Kaelides
- 18.00- 19.00 **HACKATHON SELMA annual youth contest**
(dedicated to climate change)
- 19.00-20.00 **Closing Ceremony-Awards**
- 21.00 **Gala Dinner**

EUTEACH AND UNESCO TRAINING WORKSHOPS (Nb. 1, 2, 3, 4, 5)

As part of the congress, the faculties of the Euteach teaching program (www.euteach.com) and UNESCO organize five training workshops for health professionals who want to improve their knowledge and skills in adolescent medicine and health (Euteach workshops 1,2,4 & 5 and Unesco workshop 3).. These highly interactive workshops cover various health topics and how to respond, taking into account the specific needs of adolescents. The participation is limited to 30 health professionals and is free. The five areas that will be covered are:

- *How to improve your communication skills with adolescents*
- *How to handle the follow-up of adolescent with chronic conditions, including transition*
- *How to empower youth towards wellbeing through youth led media*
- *How can schools become health promoting*
- *How to address situations that carry ethical concerns and dilemmas*

The participation to the workshops is free of charge, but participants need to register and acceptance will be made according to the order of subscription. Certificates of participation will be provided from Euteach and UNESCO.

Chairs and Speakers

Theodoros Agorastos

*Professor Emeritus of Obstetrics and Gynecology
Aristotle University of Thessaloniki
President of Hellenic HPV society- Greece*

Elisabeth Andrie

*MD, PhD, Pediatrician,
Acad. Fellow, Department of Public and Community Health
School of Public Health, University of West Attica
MSc "Strategies of Developmental and Adolescent Health"*

Alexandros-Stamatios Antoniou

*Professor of Psychology
Chair of the MSc "Special Education and Training"
National and Kapodistrian University of Athens - Greece*

Lillian Athanasopoulou

*Child-Adolescent Psychiatrist
Scientific Head of the Medical-Pedagogical Center General Hospital "G.
PAPANIKOLAOU" ,Thessaloniki, Greece*

Flora Bacopoulou

*Assoc. Professor of Pediatrics-Adolescent Medicine,
Head of Center for Adolescent Medicine, UNESCO Chair in Adolescent
Health Care, 1st Dpt of Pediatrics, School of Medicine, National and
Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Greece
Head of Health Technology Assessment (HTA) Committee, Greek Ministry of
Health*

Valentina Baltag

*Unit Head, Adolescent and Young Adult Health, Department of Maternal,
Newborn, Child & Adolescent Health & Ageing, World Health Organization*

Anastasia Barbouni

*Pediatrician Msc, PhD,
Professor of Public Health, University of West Attica, Athens - Greece*

Vassiliki Benetou

*Pediatrician, Professor of Hygiene and Epidemiology, Department of Hygiene,
Epidemiology and Medical Statistics, School of Medicine, National and
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Kirsten Boisen

*MD PhD Pediatrics
Copenhagen University Hospital*

Vasiliki Boumpa

*Clinical Psychologist, MSc
MSc "Developmental and Adolescent Health Strategies"
PhD Candidate of School of Medicine
National and Kapodistrian University of Athens*

Dimitrios Boumbas

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Head of the Dpt of Internal Medicine -, Attikon Hospital, Athens Greece
IIBEAA Researcher
President of the Athens Medical Society*

Dr Joao Breda

*PhD MPH MBA
Head, WHO Athens Quality of Care and Patient Safety Office & Special
Adviser for the Regional Director
Division of Country Health Policies and Systems
WHO Greece*

Maria Brenner

*Full Professor of Children's Nursing,
School of Nursing, Midwifery & Health Systems, University College Dublin*

Evangelia Charmandari

*MD, MSc, PhD, MRCP(UK), CCST(UK)
Professor of Pediatrics – Pediatric and Adolescent Endocrinology
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Panagiotis Christopoulos

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George P. Chrousos

*Professor Emeritus of Pediatrics - Endocrinology
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Christophe Cornu

*Senior Programme Specialist & Team Leader, Section for Health & Education,
UNESCO*

Alberto Costa

*CEO of the European School of Oncology
Scientific Advisor of the Breast Unit of the Italian speaking region of
Switzerland
Clinical Director of the breast cancer center Multimedica*

George Creatsas

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Christina Dalla

*Assoc. Professor of Pharmacology, Medical School, National and
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Efthymios Deligeoroglou

*MD, PhD, Professor Emeritus of Obstetrics & Gynecology, Pediatric &
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"Hellenic Society of Gynecological Endocrinology"*

Nina Ferencic

Senior Adviser on YP Health and Development, UNICEF

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Helena Fonseca

*Professor in Paediatrics
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Head of the Paediatric Obesity Clinic, Department of Paediatric
Hospital de Santa Maria/Faculdade de Medicina da Universidade de Lisboa
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Asimina Galli-Tsinopoulou

*Professor in Paediatrics - Paediatric Endocrinology, School of Medicine,
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Alexios Georgalis

*International Consultant to the United Nations, Youth Policy/HealthExpert.
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Emmanuelle Godeau

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Nicola Gray

*International Association for Adolescent Health, Vice President-European
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Donald E. Greydanus

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Professor and Founding Chair
Department of Pediatric and Adolescent Medicine, Western Michigan
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Emmanouel Hatzipantelis

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Anastasios Hatzis

*Pediatrician - Intensive Care Specialist
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Alexandra Ilieva

*MA, Digital Media Project Coordinator
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Chrysoula Iliopoulou

*MSW / MEd, Psychotherapist, Clinical Sexologist, Member of the Scientific
group of "All about Sex" section, we-knowhow.gr youth to youth platform*

Didier Jourdan

*Chair holder of the UNESCO Chair "Global Health & Education"
Full Professor at INSPE Clermont-Auvergne*

Karlygash Kabatova

MBA, MHS, Researcher, founder of Uyat.emes.kz youth media

Michalis Kaelides

*General/Breast Surgeon
President of the Cyprus Surgical Society
Member of the National Committee for Cancer
Co-founder of the Breast Center of Cyprus*

Athina Kalokairinou

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action (2020-2023)*

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Health Intelligence Principal, Public Health Scotland

Theodoros Sergentanis

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Androniki Stavridou

Military Psychologist, MSc, Hellenic Army Academy, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens , Greece,

Piliou -Dimitris Stavrou

*Assist. Professor of Psychology
National and Kapodistrian University of Athens , Greece*

Nikos Stefanis

*MD, FRANZCP, Professor of Psychiatry,
School of Medicine, National and Kapodistrian University of Athens
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