

22nd

International Association for Adolescent Health (IAAH) European Regional Conference

Joint Event:

15th STATE OF THE ART Panhellenic Adolescent Health / Medicine Congress

Youth Development Challenges in the post-COVID-19 era

National & Kapodistrian University of Athens
Athens, Greece
October 5th-7th, 2022



Virtual attendance will be available



Preliminary Programme ★

Organisers:



GREEK SOCIETY FOR ADOLESCENT MEDICINE



International Association for Adolescent Health

www.IAAH-Athens2022.gr

Scientific Support Entities:



Strategies of Developmental and Adolescent Health



HELLENIC REPUBLIC
National and Kapodistrian University of Athens
MEDICAL SCHOOL



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Welcome address

Dear Colleagues,

The 22nd International Association for Adolescent Health (IAAH) European Regional Conference will be held in Athens, Greece on October 5th-7th, 2022. It is locally organized by the Greek/Hellenic Society for Adolescent Medicine (GSAM) and mainly focuses on youth development during and after the COVID-19 pandemic.

The impact of COVID-19 pandemic on youth physical and mental health, education, development and overall well-being may raise dilemmas in the management and the control of immediate or long-term consequences. Action through multidisciplinary approaches is required and knowledge of physical and psychosocial aspects, as well as possible aetiological factors, burden of co-morbidities, prevention and treatment options, as well as counselling and support strategies are prerequisites for every effort of controlling the situation and will constitute the main core of the scientific programme. Formal and non-formal education, youth-friendly services and safe digital spaces that help young people make healthier choices and develop healthy relationships, are also a topic of great interest in this conference.

An update on other important Adolescent Medicine topics, such as nutrition, vaccination, skin conditions, contraception, sports medicine, etc. will be presented.

Medical doctors of different specialties, other health professionals and specialists e.g., psychologists, social workers, educators, dieticians, physical fitness experts, etc. are welcome to participate and contribute to the works of the IAAH conference by exchanging experience and expertise, as well as difficulties encountered in different countries. Interactive workshops, symposia, round tables will take place and experts will present key topics in plenary sessions. Oral and poster presentations will highlight novel research ideas.

Youth participation during the conference will enrich discussions and debates.

Athens is a city of memorable beauty and great history, and this conference will give the opportunity to visit famous museums and monuments. The social programme will also be rich as at that time of the year the weather is ideal for exploring this fascinating city and having excursions to nearby historical destinations, such as Sounion, Delphi and Nafplion-Epidauros!

We look forward to welcome you in Athens!

On behalf of the IAAH Committees

Presidents

Ass. Prof. Artemis Tsitsika, Greece

MD, PhD, GSAM President

Dr Nicola Gray, UK

IAAH Vice-President for Europe

