



HELLENIC REPUBLIC

**National and Kapodistrian  
University of Athens**

— EST. 1837 —

**Department of Psychology**



# RESILIENCE IN MILITARY CONTEXT

**SCIENTIFIC PROGRAM**

**NOVEMBER 28, 2023**

**09:00 - 13:30**

# One-Day Conference Schedule

09.00-09:30	Registration
09:30-10:00	Welcome
<b>Session 1</b> Coordinator: Frosso Motti - Stefanidi, National and Kapodistrian University of Athens (NKUA)	
10:00-10:45	<b>«Applications of Resilience Theory to Military Service»</b> <i>Ann Masten, University of Minnesota</i>
10:45-11:30	<b>«The Future of Military Resilience: Evolving Models and Lessons Learned»</b> <i>Melissa Polusny, University of Minnesota</i>
11.30-12.00	Coffee Break
<b>Session 2</b> Coordinator: Ioannis Tsaousis, NKUA	
12:00-12:20	<b>«Does resilience in the military context depend on individuals' personal attributes?»</b> <i>Frosso Motti - Stefanidi, NKUA</i>
12:20-12:40	<b>«Moving beyond diagnostic categories: Transdiagnostic vulnerability factors in psychopathology among military personnel»</b> <i>Eleni Voursoura, NKUA</i>
12:40-13:00	<b>«A positive psychology perspective on psychological resilience of uniformed personnel»</b> <i>Christos Pezirkianidis, Panteion University</i>
13:00-13:30	Discussion

# Chair of the One Day Conference

**Frosso Motti - Stefanidi**, Professor Emerita, NKUA

## List of Presenters

**Ann Masten**, Regents Professor, Distinguished McKnight University Professor University of Minnesota

**Melissa Polusny**, Professor, University of Minnesota Medical School, Staff Psychologist at Minneapolis VA Medical Center

**Christos Pezirkianidis**, Adjunct Lecturer, Panteion University of Athens

**Eleni Vousoura**, Assistant Professor, NKUA

**Frosso Motti - Stefanidi**, Professor Emerita, NKUA

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This One-Day Conference is part of a collaborative project between the National and Kapodistrian University of Athens and the Hellenic Armed Forces.

Principal investigator: **Ioannis Tsaousis**, Assistant Professor, NKUA.

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