



# 4<sup>th</sup> Congress of the **EUROPEAN ASSOCIATION OF PROFESSORS EMERITI**

**Beyond Knowledge:  
Wisdom, Values and Ethics for Europe**

**JUNE 11 - 13, 2026**

NATIONAL & KAPODISTRIAN  
UNIVERSITY OF ATHENS

AMPHITHEATRE "I. DRAKOPOULOS"

**ATHENS | GREECE**



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ASSOCIATION OF EMERITUS PROFESSORS  
OF THE UNIVERSITY OF ATHENS

Ελληνική Γεροντολογική και  
Γηριατρική Εταιρεία

ΕΠΙΣΤΑΣΗ 1977  
Διεπιστημονική Εταιρεία



HELLENIC ASSOCIATION OF GERIATRICS  
AND GERONTOLOGY





## Committees

### **Organising Committee**

Chair: George Christodoulou

Co-chair: Dennis Cokkinos

*Members:* Christos Bartsocas

Nikos Markatos

Nancy Papalexandris

Stella Priovolou

### **Advisory Committee**

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Giancarlo Bracale

George Chrousos

Sir Leslie Ebdon

Athanasios Fokas

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Christos Kittas

Stavros Koubias

Gerasimos Siasos

Christos Zerefos

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Nikos Christodoulou

Paolo Ciambelli

George-Andrei-Dan

Dusica Lecic- Tosevski

Maria Ochsenkuhn- Petropoulou

Halima Resic

Norman Sartorius

Gerhard Zlabinger

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*Secretariat Society of Preventive Psychiatry: Helen Gretsas, Androniki Gatzelaki*



4<sup>th</sup> Congress of the

**EUROPEAN ASSOCIATION OF PROFESSORS EMERITI**

**JUNE 11 - 13, 2026** ATHENS | GREECE



## Welcome Message

The **EUROPEAN ASSOCIATION OF PROFESSORS EMERITI** has great pleasure in welcoming you to its fourth European Congress, following the ones in Athens, Napoli and London.

Our Congress is an Anniversary one as it coincides with the completion of 10 years of productive existence of our Association and we hope that it will continue thriving in the years to come.

The Congress takes place at the historical building of the National and Kapodistrian University of Athens under the auspices of the Rector of the University of Athens, the Ministry of Education and the Ministry of Tourism, from 11 to 13 June 2026. The Opening is on the 11th June at the Aula of the University of Athens and, in addition to the (inevitable) talks, there will be a musical performance by the students of the Department of musical studies of the Philosophical School of our University.

We have shaped a very interesting program that we believe is worth attending.

A highlight of the program is the Keynote talk of Professor Stamatis Krimi-zis, of the Academy of Athens, a well-known figure in Science internationally. There will be a special session on Mentoring with the participation of Mentors and Mentees in addition to an invited talk on Mentorship by Academician Professor Panagiotis Soucacos.

At the end of the Congress we will present a Declaration that will reflect the motto of the Congress ("Beyond Knowledge: Wisdom, Values and Ethics").

We are organizing the Congress with the collaboration of the Department of Music Studies of the School of Philosophy of Athens University. Hence, there will be a strong presence of music (and musicians, professors and students) at the Opening and at the reception that will follow.

We feel confident that attending our Anniversary Congress will be a rewarding experience and look forward to welcoming you.

We are grateful to the Ministry of Tourism and to the Hellenic Tourism Organization (EOT) and especially to the Minister Ms Olga Kefalogianni for their support and encouragement.

With warmest regards to all

**George Christodoulou** MD, PhD, FICPM, FRCPsych

**Congress President**

**Professor Emeritus of Psychiatry,**

**National and Kapodistrian University of Athens**

## Faculty list

Surname	Name	Scientific / Professional Title	Country
Anagnostopoulos	Dimitris	Emeritus Professor of Child Psychiatry, National and Kapodistrian University of Athens	Greece
Arkadopoulos	Nikos	Professor of Surgery, Medical School, National and Kapodistrian University of Athens	Greece
Bacola	Vassiliki	Medical student, University of Athens	
Baran	Dana	Professor Emerita, "Grigore T. Popa" University of Medicine and Pharmacy	Romania
Bartsocas	Christos	Emeritus Professor of Pediatrics, National and Kapodistrian University of Athens	Greece
Behrakis	Panagiotis	Pulmonologist, intensivist, President, European Network for Smoking Prevention	Greece
Botbol	Michel	Emeritus Professor of Child and Adolescent Psychiatry, University of Western Brittany, Brest, France.	France
Bouras	Nick	Professor Emeritus of Psychiatry, King's College London	United Kingdom
Bracale	Giancarlo	Emeritus Professor, University of Naples Federico II	Italy
Buturovic	Jadranka Ponikvar	Nephrologist, University Medical Centre Ljubljana	Slovenia
Christodoulakis	Nicos	Emeritus Professor of Economic Analysis, Athens University of Economics and Business	Greece
Christodoulou	Nikos	Professor of Psychiatry, University of Thessaly Medical School	Greece
Christodoulou	George	Emeritus Professor of Psychiatry, National and Kapodistrian University of Athens, Congress President	Greece
Christodoulou	Angeliki	Psychologist, Psychoeducational Department Head, "John M. Carras" Kindergarten, Hellenic American Educational Foundation, Athens College	Greece
Ciambelli	Paolo	Professor emeritus, Board of Directors of EAPE, University of Salerno, Department of Industrial Engineering, Fisciano (SA), Italy, and Narrando SRL	Italy



Surname	Name	Scientific / Professional Title	Country
Cok	Lucija	Professor Emerita, Principal Research Associate, University of Primorska	Slovenia
Cokkinos	Dennis V.	Emeritus Professor of Cardiology, National and Kapodistrian University of Athens	Greece
Dan	George-Andrei	Professor Emeritus of Cardiology, University of Medicine and Pharmacy "Carol Davila", Bucharest	Romania
Demetriou	Ioannis	Professor of Mathematics and Informatics, National and Kapodistrian University of Athens	Greece
De Santo	Natale Gaspare	Emeritus Professor, University of Campania Luigi Vanvitelli	Italy
Diamandopoulos	Athanasios	Professor gratis, Medical School, National and Kapodistrian University of Athens	Greece
Dougenis	Dimitrios	Professor of Cardiac Surgery, National and Kapodistrian University of Athens	Greece
Ebdon	Les	Professor Emeritus, University of Bedfordshire	United Kingdom
Filopoulos	Evaggelos	Breast Surgeon, President, Hellenic Cancer Society	Greece
Foufas	Filippos-Christos	3rd year student, Athens Law School	Greece
Georgaki	Anastasia	Professor, Department of Musical Studies, National and Kapodistrian University of Athens	Greece
Georgila	Polyxeni	Psychiatrist, Private Practice	Greece
Ikkos	George	Consultant Psychiatrist in Liaison Psychiatry, Royal National Orthopaedic Hospital, UK	United Kingdom
Karaitianos	Ioannis	Director, 8th Surgical Department, Henry Dunant Hospital Center; Associate Professor of Surgery, University of Athens	Greece
Karayannis	Miltiadis I.	Emeritus Professor of Analytical Chemistry, University of Ioannina	Greece
Kittas	Christos	Emeritus Professor, Medical School, National and Kapodistrian University of Athens; Former Rector, National and Kapodistrian University of Athens	Greece
Kjeldsen	Sverre	Professor Emeritus, University of Oslo	Norway

<b>Surname</b>	<b>Name</b>	<b>Scientific / Professional Title</b>	<b>Country</b>
Koutsilieris	Michael	Emeritus Professor of Physiology, National and Kapodistrian University of Athens	Greece
Krimigis	Stamatis	Academician, Former President of the Academy of Athens, Head Emeritus, Space Exploration Sector, Johns Hopkins University	Greece
Lecic-Tosevski	Dusica	Professor Emerita, Full Member, Serbian Academy of Sciences and Arts President, Psychiatric Association of Eastern Europe and the Balkans Honorary President, Serbian Psychiatric Association Serbian Academy of Sciences and Arts Knez Mihalova 35	Serbia
Lianos	Theodore P.	Professor Emeritus, Athens University of Economics and Business	Greece
Protopresbyter Linos	Dimitrios	Professor Emeritus of Surgery, Athens Medical School, Director of Surgery, Hygeia Hospital, Lecturer in Surgery, Harvard Medical School	Greece
Livieratou	Eirini	Student	Greece
Markatos	Nicholas	Professor Emeritus, former Rector, National Technical University of Athens	Greece
Mitrović	Ljubisa	Professor Emeritus, Faculty of Philosophy, University of Nis	Serbia
Mitrović	Dragana		Serbia
Mjelde	Liv	Professor Emerita, Oslo Metropolitan University	Norway
Ochsenkuehn-Petropoulou	Maria	Professor Emerita, National Technical University of Athens	Greece
Panagiotopoulou	Kalliopi	Allergist and Group Analyst, Ilioupolis Health Center, Athens, Greece	Greece
Papalexandris	Nancy	Professor Emerita of Human Resource Management and former Deputy Rector, National and Kapodistrian University of Athens	Greece
Papanastasiou	Andreas	Medical student, University of Athens	Greece
Pepelasis	Ioanna Sapfo	Professor Emerita, Athens University of Economics and Business	Greece
Priovolou	Stella	Emerita Professor, Faculty of Philosophy, National and Kapodistrian University of Athens	Greece
Rakitzis	Stavroula	Clinical Psychologist and Cognitive Behavioral Psychotherapist, Private Practice	Greece



Surname	Name	Scientific / Professional Title	Country
Resic	Halima	Emerita Professor, University of Sarajevo, Academic IANUBiH (general secretary) and Emeritus Professor University of Sarajevo	Bosnia and Herzegovina
Siasos	Gerasimos	Professor of Cardiology, Rector of the National and Kapodistrian University of Athens	Greece
Skordilis	Adamantios	Chemical Engineer, PhD in Environmental Engineering	Greece
Soucacos	Panayotis	Member of the Academy of Athens, Professor of Orthopaedic Surgery, University of Athens, Medical School, Orthopaedic Research & Education Center, "Attikon" University Hospital	Greece
Stefanis	Nikos	Professor of Psychiatry, Chairman, First Department of Psychiatry, National and Kapodistrian University of Athens, Eginition Hospital, Vice Director University Mental Health Research Institute (ΕΠΙΨΥ)	Greece
Styliaris	Efstathios	Associate Professor, Department of Physics, National and Kapodistrian University of Athens	Greece
Toutouzas	Kostas	Professor of Cardiology, National and Kapodistrian University of Athens	Greece
Tsioufis	Konstantinos	Professor of Cardiology; Director, 1st Department of Cardiology, National and Kapodistrian University of Athens	Greece
Turk	Dusanka-Micetic	Professor Emerita, University Of Maribor	Slovenia
Vardas	Panos	Professor Emeritus of Cardiology, University of Crete; Chairman, Heart Sector, HYGEIA Hospitals Group	Greece
Vgenopoulos	Andreas	Emeritus Professor, Department of Mining and Metallurgical Engineering, NTUA	Greece
Voorde	Marcel van de	Professor Emeritus, University of Technology Delft, Former CERN-Geneva, Max Planck Institute Stuttgart, European Commission Research	Belgium
Yfantis	Dimitris K.	Dr.rer.naTUM Professor, School of Chemical Engineering, National Technical University of Athens, Member of EAPE	Greece
Zlabinger	Gerhard	Professor, Medical University of Vienna	Austria



## Scientific Program

**Day 1 – Thursday, June 11, 2026**

**Ioannis Drakopoulos Lecture Room**

13:15–13:45 | **Registration Opening**

13:45 | **Greeting:**  
**George Christodoulou**, President of the Congress.

14:00–15:00 | **Varia. Medicine I**

*Chairs: **Kostas Toutouzas, George-Andrei Dan***

**Christos Bartsocas** | The story of the Bartsocas-Papas syndrome (50 years)

**Giancarlo Bracale** | Socio-Cultural Aspects of Diabetic Foot in the South of Italy: An Ethnographic Study

**Dimitrios Linos** | A Short “Scrubbing” Prayer as a Potentially Valuable Addition to Preoperative Preparation

**Halima Resic** | Frailty in CKD and in Patients Undergoing Chronic Haemodialysis

15:00–16:00 | **Varia. Medicine II**

*Chairs: **Giancarlo Bracale, Christos Bartsocas***

**George-Andrei Dan** | Is aging an accident? A philosophy and biology essay

**Dusanka - Micetic Turk** | What can children receive and give to their grandparents?

**Sverre Kjeldsen** | Treatment of hypertension and kidney outcomes: the VALUE trial

**Natale Gaspare De Santo** | Social gerontology born in France in 1970 at the Chu of Grenoble following the doctoral thesis on the ladder of ages of the French philosopher Michel Philibert

16:00–16:30 | **Symposium of EAPE Section on Culture "Sleep and Dreaming"**

*Chairs: **Athanasios Diamandopoulos, Dimitrios Dougenis***

**Athanasios Diamandopoulos** | Sleep and Dreams. Sleep and Death. In ancient and Byzantine Greece, and in its neighboring countries

**Dimitrios Dougenis** | Dreaming During General Anesthesia: Navigating the Interface of Consciousness



16:30–18:00 | **Varia - Technical topics**

*Chairs:* **Nicholas Markatos, Evaggelos Filopoulos**

**Nicholas Markatos** | Nature Restoration in the Marine Environment

**Miltiadis I. Karayannis** | Scientific discoveries with ambiguous results of their applications, which benefited the society but also harmed the natural ecosystems (The case of the fixation of atmospheric nitrogen and the industrial synthesis of ammonia)

**Dimitris K. Yfantis** | The influence of Alexandrian chemical technology in Italian renaissance -the drawing of Leonardo da Vinci

**Andreas Vgenopoulos** | Possible changes in the crystallinity and chemistry of stones before and during the movement from the kidney to the bladder

**Maria Ochsenkuehn- Petropoulou** | Bioprocesses for the recovery of critical metals from industrial by-products

**Adamantios Skordilis** | Digital product passport: A tool for the circular economy

18:00–18:30 | **Coffee break**

19:00–20:30 | **AULA, NATIONAL AND KAPODISTRIAN UNIVERSITY OF ATHENS**

Opening Ceremony

"Beyond Knowledge: Wisdom, Values and Ethics in Europe"

*Address:*

Professor **Gerasimos Siasos**

Rector of the National and Kapodistrian University of Athens

*Greetings:*

Professor **Nikos Papaioannou**

Representative of the Prime-Minister of the Hellenic Government.

Deputy Minister of Education, Religious Affairs and Sports

Professor **George N. Christodoulou**

Professor Emeritus of Psychiatry, National and Kapodistrian University of Athens.

President of the Congress.

Professor **Dennis V. Cokkinos**

Professor Emeritus of Cardiology, National and Kapodistrian University of Athens.

First President of EAPE.

**Keynote Lecture** | Looking at the Solar System Planets close-up.

What we learned and why it's important to use this knowledge ethically for Humanity's benefit



**Professor Stamatios Krimigis**  
*Academician*  
*Former President of the Academy of Athens*

**Musical Performance**  
**by students of the Department of Musical Studies of the**  
**School of Philosophy, Athens University.**

21:00 | **Reception "Kostis Palamas" building**  
(Address: 48, Akadimias str. & Sina str., Athens)  
Talk and musical performance by  
**Professor Anastasia Georgaki**  
Department of Musical Studies, Athens University  
Musical performance (piano) by **Professor George-Andrei Dan**  
President-elect, EAPE

## **Day 2 – Friday June 12, 2026**

### **Ioannis Drakopoulos Lecture Room**

09:00–09:30 | **Invited Lecture**  
*Chairs: **George Christodoulou, Dusica Lecic-Tosevski***  
**Panagiotis Soucacos** | Mentorship and Leadership: An  
unbreakable Symbiotic Chemistry of Excellence and Virtue  
between Teacher and Student. Historical Account of European  
Tenacity and Friendship

09:30–10:30 | **Mentoring: Workshop of the EAPE Section on Education Reform**  
*Chairs : **Liv Mjelde, Gerhard Zlabinger***  
**Mentoring in Learning & Learning in Mentoring: A Student-Professor Workshop Discussion**  
Discussion with Mentors and Mentees (students)  
Mentor: Prof. Efstathios Styliaris  
Mentees:  
Filippos- Christos Foufas  
Eirini Livieratou  
Andreas Papanastasiou  
Vassiliki Bacola

**10:30–11:00 | Education**

*Chairs: Konstantinos Tsioufis, Ioannis Karaitianos*

**Lucija Cok** | Learning a new language in later life as cognitive training

**Gerhard Zlabinger** | Gender differences in the publication behavior of medical students' diploma theses

**11:00–11:30 | Coffee break****11:30–13:00 | Ethics**

*Chairs: Michel Botbol, Stella Priovolou*

**George Christodoulou** | Ethics principles in science

**Nick Bouras** | Hubris and Power: From Ancient Greece to Modern Leadership

**Jadranka Ponikvar Buturovic** | Consequences of euthanasia legalization in the era of artificial intelligence

**Ljubisa Mitrović, Dragana Mitrović** | Ageing with dignity – Human rights and social obligation

**Marcel van de Voorde & Paolo Ciambelli** | Nanoethics: A societal reflection

**13:00–14:00 | Forum on “Economics and Sustainable Development”**

*Chairs: Nancy Papalexandris, Panagiotis Behrakis*

**Nancy Papalexandris** | Social Aspects of Sustainable Development and the role of Human Resource Management

**Nicos Christodoulakis** | Underpopulation in Greece and the EU: Causes and remedies

**Theodore P. Lianos** | The Optimum Population Size

**Ioanna Sapfo Pepelasis** | The rise of the startup ecosystem and the case of Greece

**14:00–15:00 | Light lunch****15:00–16:15 | Presidents Forum**

*Chairs: George Christodoulou, Dennis V. Cokkinos*

**Dennis V. Cokkinos** | The past, the present and the future of EAPE

**Natale Gaspare De Santo** | The future of professors emeriti: a prophecy based on personal experience and articles appearing in NATURE in the last 20 years

**Les Ebdon** | A vision of EAPE in the future (virtual)

**Georgios Christodoulou** | EAPE: An opportunity to integrate the Wisdom of the Past with the Thrust of the Present to develop a better Future

**Giancarlo Bracale** | My personal vision about the future of EAPE



16:15–17:00 | **Mental Health**

*Chairs: **Christos Kittas, Nikos Stefanis***

**Nikos Stefanis** | Efficacy of Arts-based Social Prescribing for Mental Health in Adults with Psychiatric Diagnoses: two subsequent Randomised Controlled Trials

**Kalliopi Panagiotopoulou** | Working through the hidden early trauma located among families with a parent suffering from psychosis

**Angeliki Christodoulou** | The role of the interdisciplinary psychoeducational team in kindergarten: a systemic model of awareness, support and prevention

17:00–17:30 | **Symposium: RECOVERYTRSGR and RECOVERYTRSDGR: Evidence-based therapies**

***Stavroula Rakitzi***

***Polyxeni Georgila***

17:30–18:30 | **Hot topics in Psychiatry**

*Symposium organized by the EAPE Section on Mental Health*

*Chairs: **Dusica Lecic-Tosevski, Michel Botbol***

**George Ikkos** | The historiography of psychiatry: from historicism to utopia?

**Michel Botbol** | The place of psychogenic explanations in contemporary child psychiatry - challenges in the age of neurodevelopmental disorders

**Nikos Christodoulou** | Climate change and mental health

**Dusica Lecic-Tosevski** | What do we talk about when we talk about euthanasia

18:30–19:00 | **Health Promotion**

*Chairs: **Dennis Coçkinos, Panos Vardas***

**Michael Koutsilieris** | The molecular imprint of therapeutic exercise in human health

**George-Andrei Dan** | Social determinants of health – the hidden hit

19:00–20:00 | **Beyond Knowledge: Wisdom, Values and Ethics for Europe**  
*Chair: George Christodoulou, Christos Kittas*

Participants:

**Dimitris Anagnostopoulos**

**Nikos Arkadopoulos**

**Dana Baran**

**Panagiotis Behrakis**

**Michel Botbol**

**Nick Bouras**

**Giancarlo Bracale**

**Jadranka Ponikvar Buturovic**

**Lucija Cok**

**Ioannis Demetriou**

**Sverre Kjeldsen**

**Michael Koutsilieris**

**Dusica Lecic-Tosevski**

**Liv Mjelde**

**Maria Ochsenkuehn-Petropoulou**

**Nancy Papalexandris**

**Kostas Toutouzas**

**Gerhard Zlabinger**

*Open to discussion by the audience.*

20:00 | **Athens Declaration on the Ethical Mission of the European Academic Community**



**e-POSTERS**

**EP1.**

**Implementation of Guideline Directed Medical Therapy for Heart Failure: Challenges and Successes**

**Randall Starling, Andrew Xanthopoulos, Filippos Triposkiadis**

*<sup>1</sup>Cleveland Clinic Lerner College of Medicine, Case Western Reserve University,*

*<sup>2</sup>University of Thessaly,*

*<sup>3</sup>University of Thessaly*

**EP2.**

**Regular Screening of Cardiovascular Apparatus Will Increase Longevity and Life Quality**

**Gaetano Thiene<sup>1</sup>**

*<sup>1</sup>Department of Cardiac, Thoracic, Vascular Sciences and Public Health, University of Padua - Italy*

**EP3.**

**Sociological Aspects of the "Third Age" Generation Problem, with Special Reference to the Processes of the Southeastern Serbia Population Aging**

**Ljubisa Mitrovic<sup>1</sup>, Dragana Mitrovic<sup>2</sup>**

*<sup>1</sup>Faculty of Philosophy, University of Nis,*

*<sup>2</sup>Centre for Balkan Studies*

**EP4.**

**Greek Born Physicians Connected with Romanian History**

**Dana Baran<sup>1</sup>**

**"Grigore T. Popa"**

*University of Medicine and Pharmacy*

## Όλα ξεκινούν με μια υπόσχεση να κάνουμε τη ζωή των ανθρώπων καλύτερη

Προτεραιότητά μας είναι να παρέχουμε υψηλής ποιότητας φαρμακευτικά ιδιοσκευάσματα σε όσους τα έχουν ανάγκη, αλλάζοντας τη ζωή και τις προσδοκίες τους. Να δίνουμε ελπίδα στους συνανθρώπους μας που πάσχουν από σοβαρές και εξουθενωτικές ασθένειες εξασφαλίζοντας έγκαιρη πρόσβαση σε καινοτόμες θεραπευτικές επιλογές. Να προσφέρουμε υπεύθυνα επιστημονική ενημέρωση & να ανταποδίδουμε στην κοινωνία μέσα στην οποία δραστηριοποιούμαστε.

CO - 11 - 2023





## Acknowledgements

Under the auspices and with the support of:



**ATHANASIOS AND MARINA MARTINOS FOUNDATION**



**Special acknowledgement**

**Dimitra Stasinopoulou**

*(UNESCO Prize, Academy of Athens Prize) for the generous donation of copies of one of her precious books to the Congress.*

We wish to thank the Hellenic Society of Hypertension and its President Professor

**Konstantinos Tsioufis**

for kindly enabling the publication of the Abstract Book.

