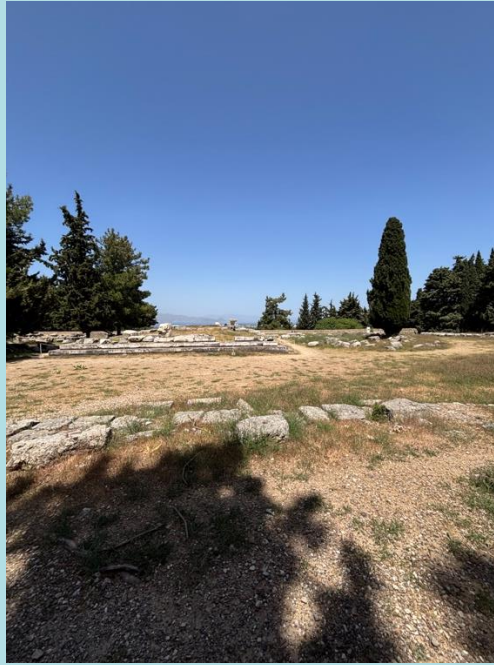


The Annual 'Silk Road Universities Network' Medical Forum

1st Chapter – The Ethical Legacy of Hippocrates in 21st Century Medicine - (Monday 12th October – Saturday 17th October 2026)



(Askleion – Kos – Photo – Jonathan McFarland)

At the beginning of this century, Medical Education and Practice is at a crossroads due to an amalgam of causes, amongst which is the phenomenal rise in AI -driven technology. Medicine and healthcare sometimes seem to be losing their true 'raison d'être', which is to help those who are suffering, to give them hope, and to look after them whenever a cure is not possible, but always to try to heal them as persons. Medicine is a noble practice centred around human beings; one person caring for another, and perhaps we are forgetting this essential and core element. Thus, in this first chapter we wish to plant a seed to bring together cultures, peoples and ideas to establish ways of restoring the **human** to the centre of medicine.

With this in mind, we are delighted to be able to start this journey in the heart of western civilization, Greece, and are enormously grateful to our Greek hosts for allowing us to use important and symbolic sites in the history of medicine and, culture in general, for this purpose.

Co-hosted by Department of History of Medicine and Medical Ethics, NKUA, Athens and IHFK, Kos, Municipality of Kos and SUN)

Monday 12th October 2026 (Athens)

- Arrival of Participants

Tuesday 13th October (NKUA)

9.00 – 9:30 - Opening Ceremony – Presidents of Student Medical Associations

9:30 – 10.00 – Welcome

Prof. Sungdon Hwang (Silk Road Universities Network)

Vice Rector Prof. Sofia Papaioannou

Prof. Marianna Karamanou (NKUA)

Assoc. Prof. Jonathan McFarland (UPF)

(Student Posters – During the day)

10.30-11.30 - Roundtable

‘Hippocrates in the Age of AI’

- **Moderator – Jonathan McFarland**
- **Vice Rector Prof. Sofia Papaioannou**
- **Assistant Professor Ioannis Nikolakakis**
- **Susana Magalhaes (ONLINE)**
- **Assoc. Prof Ourania Varsou (University of Glasgow)**

11:30 – 12:00 – Coffee

11:30- 12:15 – Conversation – East meets West

Prof. Marianna Karamanou

Prof. Soo Jung Choi

12:15- 13.00 – Student ‘Lightning Talks’ (Five 7-Minute talks)

13:00-13:45 – Plenary – Dr Gabriela Florea

When the world becomes the patient: Care at the threshold of AI and ‘Krisis’.

13:45 – 14.30 – Poster Presentations

14.30-16.00 – Lunch

16.00 Ancient Greek Recital of The Hippocratic Oath (Pnyx)

(Coordinators - **Gabriela Florea, Ioannis Nikolakakis, Theodora Tseligka**)



(Used for popular assemblies in Athens as early as 507 BC, when the reforms of Cleisthenes transferred political power to the citizenry. It was then outside the city proper, but close enough to be convenient. It looks down on the ancient Agora, which was the commercial and social centre of the city.

At this site all the great political struggles of Athens of the "**Golden Age**" were fought out. Pericles, Aristides and Alcibiades spoke here, within sight of the Parthenon, Temple of Athena)

- **Extracurricular Events**
- Drinks in front of the **Ancient Agora**
- Tour – Acropolis
- Tour – Archaeology Museum
-

Wednesday 14th October



9:00- Visit to **Epidauros + Nafplion**

14:00 – Lunch

Thursday 15th October

HIPPOCRATIC FORUM

15–18 OCTOBER 2026

Hippocratic Melathron

International Hippocratic Foundation of Kos

Welcome Addresses

A. Gavala, M. Pagoni, X. Vavouranakis, G. Tallaros

10:00 – 12:00 Session 1 — Hellenic Medical Association : The Medicine of the Future

Chairs: *M. Chatzidimitriou, D. Ploumidis, H. Tserkis*

- **G. Velmahos** — Trauma in Insular Greece: Challenges, Organization, Modern Management
- **G. Datseris** — Bioengineered Tissues and Future Applications in Ophthalmology
- **X. Vavouranakis** — Bioprinting of Cartilage and Bone
- **P. Orfanoudaki**— Tissue Engineering in Pediatric Surgery
- **A. Patrianakos**— The Heart of the Future

12:00 – 12:30 ☒ Break

12:30 – 14:00 Session 2 — Hippocratic Medicine and Ethics I

Chairs: *T. Koutsouradis, M. Parisidou-Toulanta, G. Tallaros*

- **E. Patsouris** — From Hippocrates to George Papanikolaou
- **M. Cohen**— Safety and Ethics in Medical Practice
- **P. Ziogiannis** — Ethics and Humanistic Principles and Values, from the Time of Hippocrates to that of Artificial Intelligence
- **N. Manousis** — Philosophy as Medicine: Hippocrates, Democritus and the Roots of Psychosomatic Medicine in the 21st Century

14:00 – 15:00 ☒ Lunch Break

15:00 – 16:00 Session 3 — Silk Road Universities

Chairs: *T. Tseliga, M. Karamanou, Sungdon Hwang, Mac Farland*

- **David Kopacz** — When Asclepius Meets Hippocrates
- **Joaquim Gea** – *Al Andalus: A Melting Pot of Culture in Medicine and Philosophy*

16:00– 18:30 Session 4 — History of Medicine

Chairs: *M. Karamanou, A. Fiska, M. Sgantzios*

- **M. Karamanou** — Infectious Diseases on Hydra in the Early 20th Century – The Contribution of Physician and Mayor Antonis Lignos (1871–1956)
- **M. Marselos** — The Inorganic Medicines of the Hippocratic Collection
- **A. Diamantopoulos** — Sleep and Dreams according to Hippocrates and Other Ancient Greek and Byzantine Authors
- **J.-F. Schved** — Mesopotamian Medicine: What Do We Know?
- **A. Fiska** — The OSTEOTHIKI Model: Ethical Dilemmas in Managing a Human Bone Collection in an Academic Setting
- **N. Papavramidou** — Natural Birth vs Caesarean Section in Antiquity
- **M. Sgantzios** — From Hippocrates to Mesmerism: The Fascination of “Invisible” Therapies through the History of Medicine

Friday 16th October

10:00 – 11:30 Session 5 Centre of Public Health- Research & Education, Academy of

Athens

Chairs: *S. Geroulanos, A. Trichopoulou* [A. Gravanis](#)

- **A. Trichopoulou** — Greek herbal infusions- decoctions and Wild Greens: Yesterday, Today, Tomorrow
- **M. Protopapa-Marneli** — Herb and Greens References from the Hippocratic Treatises.
- **M. Pantermali** — Collecting Herbs and Wild Greens: The Sitia Experience
- **A. Tomou** — Herbal infusions and decoctions their pharmacological role

11:30 – 13:00 Session 6 — Hippocratic Medicine & Ethics II

Chairs:, *F. Kalloudis, N. Papantoniou, P. Ziogiannis*

- **J. Bernstein** — Hippocratic Courage: The Case of Competency Certification
- **K. Bourazelis** — Marcus Aelius Sabinianus: A Prominent Koan Physician of the 2nd Century AD
- **G. Chrousos** — Balance as the Law of Life: From Eudoxus and Epicurus to the Biology of Homeostasis and Stress
- **I. Sarmas** — The Hippocratic Oath in the Age of Artificial Intelligence: Legal Responsibilities and Ethical Dilemmas

13:00 – 14:15 Session 7 — Presentation of Participating Universities from Abroad

Chairs: *G. Patoulis, S. Geroulanos, A. Polydorou*

- **E. Johnson** The European University of Cyprus and its branches in Europe
- **H. P. Bacher** How to get in to study at Loyola University medical school if you're not American
- **N. Cohen** Education of medical students at Kings College
- **S. Douros** Specialty of doctors in America and how the Greek Medical Association of NY can be involving

14:15 – 15:30 ☑ *Lunch*

15:30 – 16:30 Session 8 — From Hippocrates to 2026 I

Chairs:, *A. Charitou* *G. Chrousos, E. Johnson*

- **A Margioris** — The Revolution of Peptides GIP/GLP-1/Glucagon in the Control of Obesity and Diabetes Mellitus
- **A. Gravanis**— Biological/Electronic Implants in Brain Therapeutics
- **E. Manolopoulos** — Pharmacogenomics in Pharmacotherapy

16:30 – 17:30 Session 9 — From Hippocrates to 2026 II

Chairs: *N. Papantoniou, P. Salmons, Diamantopoulos*

- **S. Tsiodras** — Emerging New Viral Infections
- **R. Barker** — Building the future of healthcare AI

- **N. Tavernarakis**— Targeting Aging: From Genes and Molecular Mechanisms to New Therapeutic Approaches

17:30 – 17:50 ☐ *Break*

17:50– 19:10 Session 10 — Genetics of the Hippocrates Plane Tree

Chairs: *Ch- L. Guy, S. Kintzios, Irene Valianatou*

- **Bart M. Schutzman** — Hippocrates and His Tree
- **H. Strickland** — Extracting the History – The DNA of *Platanus orientalis* Helps Tell the Story of Hippocrates
- **S.-S. Nadakuduti** — Decoding the Tree of Hippocrates: A Chromosome-Level Genome of *Platanus orientalis*

Saturday 17th October

09:30 – 10:00 Tour of the Museum and the Botanical Garden

10:00 – 11:00 Welcome Addresses

Chairs: *N.Papantoniou, G. Patoulis, G. Tallaros, G. Polydorou*

- His Eminence the Metropolitan of Kos and Nisyros: Nathanael
- Mayor of Kos: Th. Nikitaras
- Governor of the South Aegean – Kos: K. Svynou
- Greetings from the Parliamentary Representatives of the Dodecanese: M. Iatridi, E. Konsolas, G. Nikitiadis, I. Pappas, V.N. Ypsilantis
- President of the Panhellenic Medical Association: M. Pagoni
- President of the Athens Medical Association: G. Patoulis
- President of the Kos Medical Association: A. Gavala
- President of the Panhellenic Pharmaceutical Association: Apostolos Valtas
- President of Hippocrates S.A.: D. Telli
- President of the PHILITAS Association: M. Parisidou-Toulanta
- President of the AHEPANS KOS Chapter: A. Giannikouris
- President of the Hellenic Red Cross: A. Avgerinos
- President of Special Olympics Hellas: N. Kodellas
- President of Professors Emeriti : G. Geroulakos

11:00 – 11:30 ☐ *Coffee Break*

11:30 – 12:00 Hippocratic Kos – The Future of Medicine

Chairs: *Th. Nikitaras, N. Papantoniou , G. Patoulis*

- **A. Gravanis**
- **S. Zikas**

12:00 – 12:15 Renovation of the Hippocratic Botanical Garden

Sponsorship: IKOS Group

12:15 – 13:30 RECTORS of Greek Universities

- G. Siasos · A. Anastasiadis · S. Kintzios · A. Batistatou

Deans of Medical Schools – Greece

- K. Tsioufis · S. Triaridis · G. Antonakis · S. Konitsiotis · E. Papadaki · A. Zympis
- K. Vadikolias

13:30 – 15:00 📍 *Lunch*

15:00 – 15:30 **Transfer to the Asclepieion of Kos**

15:30 – 17:30

CEREMONY OF THE HIPPOCRATIC OATH ANCIENT ASCLEPIEION OF KOS

Master of Ceremony: *N. Papantoniou*

Evening **Official Dinner**

Welcome Addresses: Th. Nikitaras, N. Papantoniou, G. Patoulis

English Rendition: G. Polydorou

Sunday 18th October 2026

08:00 – 10:00 **Greek Orthodox Liturgy, Metropolis of Kos**

10:00 – 11:00 **Run in Honor of Hippocrates**

11:00 – 12:30 **Hour of Honor of the International Hippocratic Foundation of Kos**

For Distinguished Physicians – Friends and Sponsors of the I.H.F.K.

Renovation of the Hippocratic Therapeutical Botanical Garden

- ***I. Valianatou*** *renovation of the Hippocratic Therapeutical Botanical Garden*
Donation of SANI IKOS GROUP – CEO of SANI IKOS GROUP A. Andreadis
- **M.-Ch. Kiari** — Contribution to the Hippocratic Literature of Charalambos Kiaris

12:30 – 13:00 **Hippocratic Environmental Park of the History of Medicine**

Coordinators: A. Pavlidi, A. Giannikouris, E. Andreadis

12:30 – 13:00 **Conclusions – Closing of the Hippocratic Week**

The Organizing Committee

The Silk-Road Medical Forum

The Silk-Road Universities Network (SUN)

National and Kapodistrian University of Athens, Department of History of Medicine and Medical Ethics

International Hippocratic Foundation of Kos



Partners

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